

## What Does CHDP Offer?

### Routine Physical Check-Ups:

- ♥ Growth and Development Check
- ♥ All Needed Shots
- ♥ Dental Screening
- ♥ Vision Screening
- ♥ Hearing Screening
- ♥ Nutrition Check-Up
- ♥ Health Education
- ♥ Tobacco Education
- ♥ Test for Anemia, Blood Lead, Urine, TB, and Others as Needed
- ♥ WIC Referral for Children to Age 5

### Regular Dental Check-Ups and Follow Up Care if Needed.

If further medical, dental, or mental health services are needed, we will help you find them. Diagnosis and treatment will be paid for as long as your child is on Medi-Cal.

For persons with share of cost Medi-Cal, you may have CHDP pay for the check-up or you may pay for the check-up and have the cost count toward your required payment. A co-payment is NOT charged for CHDP services.

Bring your current Medi-Cal card and shot record.

## Information:

For more information, or help with getting an appointment and transportation, contact your local CHDP office. Find their phone number in the government section of your phone book. Look under *Child Health and Disability Prevention* or *Health Department*.

Or, look for your local CHDP office at [www.dhs.ca.gov/chdp](http://www.dhs.ca.gov/chdp)

If you need help with mental health services, call your county mental health department. They can tell you about other services for children and youth with full scope Medi-Cal who have severe emotional problems.



Arnold Schwarzenegger  
Governor, State of California

PUB 183 (English, 1/04)

## English

### Child Health & Disability Prevention (CHDP) Program

## Medical & Dental Health Check-Ups



**FREE**  
**For Babies, Children, and**  
**Youth Through Age 20**  
**With Full Scope Medi-Cal**

# Why Check-Ups?

A complete **health** check-up may find medical, dental, and/or mental health problems before they become serious. Needed shots are given. There is time to ask questions. A health check-up may be given, when required, for foster care, sports, or camp. You can usually get CHDP Check-Ups where you get your health care.

## Babies and Toddlers *Birth Through 3 Years*

### Regular Well-Baby Care and Shots

Babies and toddlers need health check-ups often. They need to get their shots on time.



### How often?

One exam during each of these age ranges:

Under 1 month	10-12 months
1-2 months	13-15 months
3-4 months	16-23 months
5-6 months	2 years
7-9 months	3 years

## School Children *4 Through 12 Years*

### School Check-Ups

State law requires children entering kindergarten or first grade to have a health check-up and be up-to-date on their shots.

Health check-ups may find health problems that could prevent a child from doing well in school.



### How often?

One exam during each of these age ranges:

- Between 4-5 years
- Between 6-8 years
- Between 9-12 years

## Teenagers and Young Adults *13 Through 20 Years*

### Health Check-Ups

Teens need check-ups too! They may have questions about their health. They can ask a health care provider.



### How often?

One exam during each of these age ranges:

- Between 13-16 years
- Between 17-20 years

Ask your doctor or local health department for other services for teenagers.