

**The FRC program** focuses on four Practice Methods: Well-Being Services, Growth & Development, Civic Engagement, and Community Building. Many service vendors come to the FRC to provide such services. To receive services, contact the phone numbers provided by the vendor.

**W Well-Being Services**  
Family support home visiting; access to emergency daily living resources: food, clothing, shelter; case management: family development, planning, guidance, mentoring; counseling; safety: access to car seats, access to bike helmets; development screenings; differential response; Child Welfare visitation and supervision; resource and referral; basic need support.

**G Growth & Development**  
Parent/child interaction groups; parent education and leadership; school readiness liaisons; youth development activities/ classes; healthy living classes: exercise, anger management, stress relief; computer literacy; tax preparation; immigration workshops; Parent Cafés (topical); family economic development; support groups: child kinship caregivers, new parents, 12-step groups.

**C Civic Engagement**  
Voter registration; Promoters network; neighborhood networks; advocacy and advocacy training (individual and social); community leadership training; violence prevention workshops; community resource coordinators; community celebrations; youth development activities; community volunteer opportunities.

**E Community Building**  
Community economic development; affordable housing partnership and development; collaboration and partnership facilitation; neighborhood and community organizing; political and social action; social policy analysis; evaluation of the impact of a community transformation project.

The County of Riverside, Department of Public Social Services (DPSS), Family Resource Centers (CRCs) provide information, service linkage, referrals, and supportive services to the communities they serve. Please contact the FRC nearest you for more information.

Monday- Friday 8:00 a.m.– 5:00 p.m.

**Desert Hot Springs**  
14201 Palm Dr., Ste.108  
Desert Hot Springs, CA 92240  
(760) 288-3313

**Mecca**  
91-275 66th Avenue, Ste.100  
Mecca, CA 92554  
(760) 863-7860

**Rubidoux**  
5473 Mission Blvd.  
Jurupa Valley, CA 92509  
(951) 328-1575

**Perris**  
2055 N. Perris Blvd, Ste. C-1  
Perris, CA 92571  
(951) 443-1158

**Mead Valley**  
21091 Rider Street, Ste. 204  
Perris, CA 92570  
(951) 210-1550

# The Quarterly

Rubidoux Community Resource Center



Summer 2019

5473 Mission Blvd  
Jurupa Valley , CA 92509  
(951) 328-1575  
Fax (951) 683-2613



Scan QR



Protect children and youth from abuse and neglect, and partner with families, young adults, and communities to build safety, permanency, and well-being.

**W DIRECT SERVICES FROM THE CENTER**

**RUBIDOUX COMMUNITY RESOURCE CENTER**

Our center has a computer available to the public to access the internet, use include but are not limited to: find jobs listings, local resources and printing any important documents, we can help with faxing application or other important documents, there is no fee for faxes or copies, copies are provided black and white, we can help Spanish speakers with understanding English application and forms, we do not transcribe or notarize.

**C Hot lines**

Call the hotline for specific information.

Have a pen and paper ready to take notes.

- Child Abuse .....(800) 442-4918
- Child Help.....(800) 422-4453
- Domestic Violence .....(800) 339-7233
- Riverside Area Rape Crisis Center .....(951) 686-7273
- Crisis/Suicide Intervention .....(951) 686-4357
- Adult Protective Services .....(800) 491-7123
- Department of Public Health .....(951) 358-5000
- Riverside County Homeless Services.....(800) 998-8847

**W Information and referral services**

Basic needs, Food banks , shelters , housing , rental and utility assistance, please call each Provider for information on requirements, location , dates & times of distributions.

- Food & Clothes Assistance :**
- DPSS office** general assistance .....(951) 509-8000
  - God's Helping hand** .....(951) 683-7151
  - Riverside City Mission**.....(951) 341-5055
  - Community Settlement Association** ..... (951) 686-6266
  - Kansas Ave. 7th day Adventist church** .....(951) 682-9810
  - Rental & Utilities Assistance** (when funding Available)  
Please call providers for more information & requirements.
  - Catholic Charities**.....(951)689-1803
  - Lutheran Social Services** .....(951)689-7847
  - Housing Authority** ( Long term assistance). (951)351-0700
  - Settlement House** (Corona /Norco only) .....(951) 737-3504

**E Community Action Partnership Cool Centers**

For Center locations & times call (951) 955-4900

- Glen Avon Regional Library Jurupa Valley (951) 685-8121
- Luis Rubidoux Library , Jurupa Valley (951) 682-5485

**G COMING UP EVENTS**

**Toastmaster Youth Leadership Program: Public speaking workshops**

Starting June 3rd through August 5,2019 3:00pm-5:00pm, every Monday for 8 week, ending with a graduation event Show my skills on Monday August 5th,2019 from 2:00pm-5:00pm at Reach out community Center 8300 Limonite Ave Ste. E Jurupa Valley, CA. 92509, for more information and to register please call (951)328-1575

**Todec:** Free Immigration Clinic  
Work shops July 12th and August 30th 2019, 2:00pm-5:00pm. Free Immigration screenings/consultations, DACA application, USCIS fee assistance, Citizenship application & fee waiver, Know your rights & policy Updates, for information call (951)328-1575.

**Brave Workshop:** The joyful child Foundation is proud to partner with the Rubidoux CRC to offer THE BRAVE workshops for the Jurupa Valley community, the brave workshops are 90-minute (K-6th and 120-minute (Teen) age-appropriate safety lessons that include verbal and Physical skills to defend against sexual abuse, violence, and abduction. The BRAVE workshops is designed to nurture each student's ability to recognize potential dangers, verbalize discomfort or a need for help, and physically resist abduction, assault, or other type of violence. To register and be included in the roster for BRAVE workshops please call (951)328-1575, A parental consent form will be required for each participating student, Parents should attend their children's workshop if at all possible. Students must wear closed-toe shoes that will not slip off. Space is limited to 20 students.

**Movie Nights:** Rubidoux CRC presents family movie night Wednesday July 17th & July 31st, 2019, from 1:00pm –3:00pm at Rubidoux community Resource Center, playing Zootopia & Inside out , providing free popcorn & drinks, come and enjoy a movie with your family, for more information call (951)328-1575.

**Shelters & Temporary Housing Information**

Please call each Provider for information on requirements, locations times and dates.  
Please Note: An application or intake/ assessment may be required.

- Women only:**
- Set Free Ministries.....(951) 213-2058
  - Transitional living program ..... (951) 369-4921
- Youth Only:**
- Olive Crest Strong Families safe kids ... (951) 543-5437
  - Guiding Light Home for Boys .....(951) 485-3743
  - Young Visionaries San Bernardino .....(909) 723-1695
- Men Only:**
- Set Free Ministries .....(951) 682-0960
  - Transitional living program .....(951) 369-4921
  - Fraze Community Center Shelter .....(909) 889-4424
  - Salvation Army .....(951) 940-5790
- Women & Children :**
- Time for Change Foundation .....(919) 886-2994
  - Foothill Family Shelter ..... (951) 920-5568
  - Anchor In Christ.....(951) 824-4032
  - Valley Restart .....(951) 766-7476
  - Inland Temporary Home .....(909) 796-6381

**G ESL CLASSES**

**EL SOL NEIGHBORHOOD**

Wednesdays & Fridays .....8:30am-11:30am/12pm-3pm

ESL or English as Second Language, is a program designed to provide opportunities to adults regardless of their immigration status.

Call to register (951) 328-1575.

**G MAMÁS Y BEBÉS**

**REACH OUT**

Every Tuesday from 9:00am -11:30 am  
March to June 2019

Pregnancy & Postpartum support classes: a program dedicated to helping moms, before and after baby, who want to build support and explore the joys and challenges of motherhood. These are 8 week classes. Free child care is provided for participants. Class is free to women who are pregnant or have a 0-12 month old and meet program criteria.

Call to register at (951) 328-1575.

**G PARENTING CLASSES**

**PARENTZ@WORK**

Every Thursdays from 9am– 11:30am

(Hours may vary during the summer), please call for more information New series starting July 18th ,2019 6-week series of once-a-week work shops designed , court approved course, proof of residency is required call to register or for more information (951) 328-1575.

**W ANGER MANAGEMENT AND COUNSELING SERVICES**

**MARSELL CONSULTING & MHS**

If you are feeling frustrated, angry, or need someone to talk to, we can help. Join us for FREE:

Anger Management Services both in group and Individual setting.  
Individual and Group Counseling.  
Conjoint Counseling.  
By appointment only. For more information and to request a referral, please visit during office hours or call  
**Rubidoux Community Resource Center at (951) 328-1575**